



City Home  
Helpers



Wellbeing  
**Call**  
Service

*...giving you or your loved one **peace of mind***



*We're here to help...*

We now provide a wellbeing call service, where we will give you a call to check on the welfare of you or your loved one. Our service may be particularly beneficially for those living on their own and can help in the following ways:

- **Safety and welfare checks**
- **Medication prompt**
- **Accessing and signposting to support or local activities**
- **Reduce isolation and loneliness**

Our team will have a friendly chat, listen and get to know you or your loved one; developing the relationship over time to understand the things that are most important. We will get to know your daily routine, and if there are any concerns our highly trained team can access support or contact a named person on your behalf.

**If you would like to find out more, please contact us on:**

[enquiries@cityhomehelpers.co.uk](mailto:enquiries@cityhomehelpers.co.uk)

**01224 570400**

[www.cityhomehelpers.co.uk](http://www.cityhomehelpers.co.uk)

